

Addiction

Do you or someone you love have a problem with drugs or alcohol?



Substance Abuse

- Use of an illegal substance
- Use of a legal substance the wrong way

Addiction

- Loss of control over whether a person uses a substance

Signs of Addiction

- Need to have a particular substance
- Change in mood
- Physical changes such as weight loss or gain
- Needing more and more of a substance to become high
- Experiencing withdrawal symptoms if substance use is stopped like shaking, diarrhea, body aches, etc
- Craving a substance

Ask Yourself

- Do you drink or use drugs to forget your problems?
- Do you lie to your friends or family about your drug use or drinking?
- Have you stopped doing things you used to enjoy?
- Are you missing work or school?
- Has your work at school or on your job become poor?
- Do you spend time thinking about how you can get drugs?
- Have you been stealing or selling things to get drugs?
- Do you spend time around people who use drugs?



Need HELP? There is HELP!

- Admit there is a problem and don't try to do it alone!
- Talk to a friend, family, or pastor
- Join a support group
- See your doctor

Resources

[SC Dept of Alcohol and Other Drugs](#)
888-727-7383 or 803-896-5555

[SC Dept of Mental Health](#)
800-763-1024 or 803-898-8581

[Alcoholics Anonymous](#)
212-870-3400 (National)

[Narcotics Anonymous](#)
818-773-9999 (National)
803-802-5032 (SC)

[Alcohol Treatment Referral Hotline](#)
800-252-6465 (24hr/7days)

[United Way Crisis Intervention](#)
Dial 211 or
877-892-9211 (SC)

[National Alliance for the Mentally Ill \(NAMI\)](#)
800-788-5131

[Mental Health America](#)
800-375-9892

[SC Self Help Assoc Regarding Emotions \(SC SHARE\)](#)
800-832-8032

[Protection Advocacy for People with Disabilities Inc.](#)
866-275-7273

