Training Opportunities offered by:

AIKEN BARNWELL MENTAL HEALTH CENTER

<u>Trainer:</u> Wonda Beasley

<u>Time:</u> 9-12 pm

Dates:

November 5, 2024

January 28, 2025

April 29, 2025



Half day of training in suicide alertness skills. Learn 4 basic steps to create a life-saving connection. Widely used by professionals and the public. Safe Talk is limited to 30 participants.





Mental Health First Aid- Adults

Mental Health First Aid teaches you to identify, understand and respond to signs of mental illnesses and substance use disorders. After the 8-hour training, you'll be able to recognize common signs and symptoms of mental health/substance use challenges; understand how to interact with a person in crisis; know how to connect a person with help; and use self-care tools and techniques. <u>Trainer:</u> Kerry Breen, LISW-CP <u>Time:</u> 9-5 pm <u>Dates:</u> January 21, 2025 June 6, 2025

<u>Trainer:</u> Chelsa Earley, LMSW

<u>Time:</u> 830- 5pm

Dates:

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January 30-31, 2025

March 31- April 1, 2025

May 1-2, 2025 (pending)

ASIST (Applied Suicide Intervention Skills Training) is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. This workshop will increase your willingness, confidence and capacity to provide suicide first aid. Although ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop. Anyone 18 or older can learn and use the ASIST model. This workshop contains content that may be upsetting for some people, especially those who have lost a loved one to suicide.

ASIST



<u>Time:</u> Listed below

Dates:

February 5, 2025 (2-5 pm)

March 4, 2025 (9-12 pm)



Ethics- professional ethics are essential in any industry. No matter what your role or responsibilities are in the workplace, ethics help ensure the integrity of any operation and provide a roadmap for how to navigate difficult situations. This course will discuss the origin of ethics, review the code of ethics for social workers and counselors and examine and discuss ethical dilemmas.

AMSR (Assessing and Managing Suicide Risk) is a one-day training designed for health and

behavioral health professionals interested in the latest intersectional suicide care practices. Trainer: LaCinda McCormack, LPC/S Time: 8:30- 4 PM Dates: February 21, 2025

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CEUs will be applied for and offered as approved and applicable. All training is free. To register, please contact Tamika Ables at 803-508-7886.