

Trainings offered by the South Carolina Department of Mental Health
Office of Suicide Prevention (OSP)

AMSR ~ A training designed for health and behavioral health professionals interested in the latest intersectional suicide care practices. Trainings can be provided to Inpatient and Outpatient Behavioral Health Professionals (one day training) and Inpatient and Outpatient Direct Care Staff (half day training). **In person or virtual**

ASIST (Applied Suicide Intervention Skills Training) ~ 2 Day 15-hour training - An interactive workshop that prepares caregivers to provide life-assisting first-aid intervention using the Pathway to Assisting Life Model (PAL). **In person**

Connect ~ 8 Hours - This postvention training helps service providers respond in a coordinated and comprehensive way in the aftermath of a suicide or any sudden death. Connect fosters relationship building and the exchange of resources among participants, and provides developed postvention protocols for educators, emergency medical services, faith leaders, funeral directors, law enforcement, mental health/substance abuse providers, medical examiners, coroners, military, and social service providers. **In person or virtual**

Faith ~ 5-6 Hours - LivingWorks Faith is designed for all Christian ministry leaders who want to learn to effectively prevent, intervene, and minister around the issue of suicide in their congregations. In this engaging program, you'll learn key skills for suicide prevention, intervention, and postvention within your faith community setting through information, simulations, and stories from over a dozen faith leaders and suicide survivors. **Virtual**

SafeTalk ~ 3 Hours - A training that prepares participants to recognize invitations and connect a person with thoughts of suicide to intervention resources. **In person**

SC Communities of Care Community Suicide Prevention Workshop ~ 8 Hours- This workshop is designed to teach participants about the SC Communities of Care initiative, comprehensive community suicide prevention, and how to champion suicide prevention in their community. Participants will learn how to apply the 7 elements of Zero suicide to transform their workplace to implement trauma-informed suicide prevention practices from leadership, to training, to supporting community members that may be at risk for suicide in accessing the appropriate services. **In person or virtual**

SC Communities of Care Trauma-Informed Suicide Prevention Training: Expanding the Support System for Adults ~ 8 Hours
This training is designed for community members to learn how to support adults who may have been impacted by trauma in their lifetime or may be struggling with suicidal thinking. The training will prepare participants how to be more trauma-informed in their community by teaching to recognize the warning signs of suicide risk in adults, skills to ask about suicide, and strategies to support a person who is at risk for suicide or impacted by trauma. **In person or virtual**

SC Communities of Care Trauma-Informed Suicide Prevention Training: Expanding the Support System for Adolescents ~ 8 Hours – The Adolescent version of this training is designed for community members who work with or have regular interactions with adolescents who may be at risk for suicide or coping with traumatic experiences. **In person or virtual**

Signs Matter: Early Detection ~ 2 Hours - Signs Matter is an online education program created for K-12 educators by the American Foundation for Suicide Prevention. The program presents scientifically based information on a variety of topics related to youth suicide, along with best practice recommendations drawn from experts in the mental health and education fields. **Virtual**

START ~ 1 Hour - Start is an online course that teaches trainees to recognize signs that someone might be thinking about suicide and connect them to help and support. Start trains individuals to use a powerful, four-step model that will help you keep someone safe from suicide. **Virtual**

Talk Saves Lives in English or Spanish ~ 1 Hour – This presentation covers the warning signs and risk factors of suicide as well as the strategies that prevent it. **In person or virtual**

For more information on trainings, please contact Maranda Beaver at maranda.beaver@scdmh.org.

***For more information about SCDMH-Office of Suicide Prevention, visit our website at: <http://osp.scdmh.org/> or follow us on Facebook: @scdmhosp**